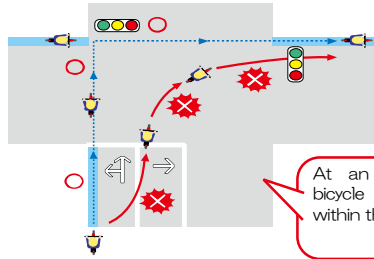


How to Cross an Intersection

- You must make a two-stage right turn at intersections.

To make a right turn at an intersection with traffic lights, go straight across the intersection on a green light, stop at the other end, turn right and then cross the intersection when the signal in front of you turns green.



At an intersection with a bicycle crossing zone, stay within the zone.

To make a left turn at an intersection, slow down and stay to the left edge of the road. Be careful not to be trapped in the rear left tire of a vehicle turning left.

These acts are violations of law

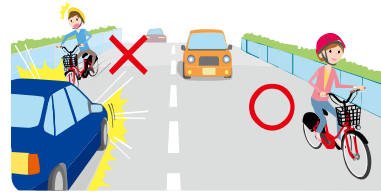


Five Rules for Bicycle Safety

- Bicycles should be ridden on the left side of the road.

In some places, bicycles can be ridden on sidewalks.

In those cases, pedestrians have the right of way.



- At an intersection, observe traffic lights and stop once. Check both sides before proceeding.



- Turn on the light at night.



- Don't ride a bicycle after drinking.

- Wear a helmet

There is also a foldable helmet convenient to carry around!



Head injuries 22 persons
Abdominal injuries 3 persons
Whole body injuries 2 persons
Neck injuries 1 person

22 persons out of 28 ones who died in the accident while riding a bicycle received head injuries.

※Survey by Metropolitan Police Department in 2017

Observe traffic rules and have good manners.
Safe and comfortable ♪ bicycle sharing ☆

Edited and published by

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Guide for Safe and Pleasant Bicycle Sharing



TOKYO METROPOLITAN GOVERNMENT

Points to be checked before riding a bicycle

● Weather and road surface conditions

Take extra care when riding a bicycle in the strong wind or on a slippery road in or after the rain. Put off riding in stormy weather.



● Saddle

Adjust the saddle height so that the bottom of your feet touches the ground.



● Brake

Check if the brake is applied properly before riding a bicycle.



● Operation method of an electric bicycle

Choose a bicycle with sufficient battery for your travel. At night, always turn the light on.



When you are worried about remaining battery or you don't need power assist, choose "Eco" or "Long" modes.



Use "Power" mode to climb up a steep hill.

Why do pedals become heavy when I pedal the bicycle hard?

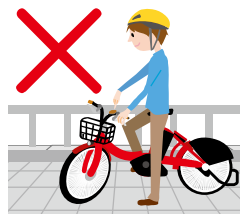
▶ It is because power assist does not function at a speed of 24 km/h or faster, making the pedals heavy.



We are off now!

- Do not put your feet on the pedal when switching on the power-assist function

Be careful not to put your feet on the pedal when switching on the power assist. Otherwise, a force may be applied on the pedal, unexpectedly causing the motor to run, starting the bicycle.



- Check the acceleration level of an electric bicycle

If it's the first time for you to ride an electric bicycle, practice in a safe and large space in advance. Be careful not to increase speed too much on a downhill.



- Do not get on a bicycle hopping on one foot

If you get on a bicycle by putting one foot on the pedal and another hopping on the ground, unpredictable momentum may be generated by the power-assist system. This way of getting on a bicycle is dangerous because you may lose a balance or fall on the ground.



When you start the bicycle, sit tall on the saddle first and pedal the bicycle with a stable posture.



- When you temporarily park a bicycle, use a cycle port or a bicycle parking.

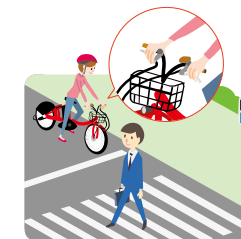


Understand the characteristics of electric bicycles to enjoy a safe and pleasant ride!

~To avoid unexpected accidents~

Apply the brake with both hands when waiting for a traffic light to turn green

When you are waiting for a traffic light to turn green, apply the brake securely and put your feet on the ground. If you put your foot on the pedal without applying the brake, an unexpected force may be applied to the pedal, causing the bicycle to move unintentionally.



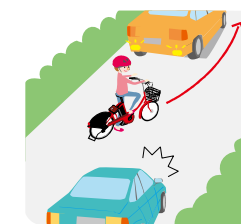
Apply the brake well in advance

Apply the brake well in advance and stop safely at a stop sign and before an intersection.



Check the traffic on the right and left and in the rear

Abrupt course change is dangerous. Check the traffic on the right and left and in the rear before changing your course.



Give pedestrians the right of way on the sidewalk

When riding on the sidewalk, slow down and keep to the side closer to the roadway.



Bicycles are classified as vehicles. Follow the rules and ride safely!

